

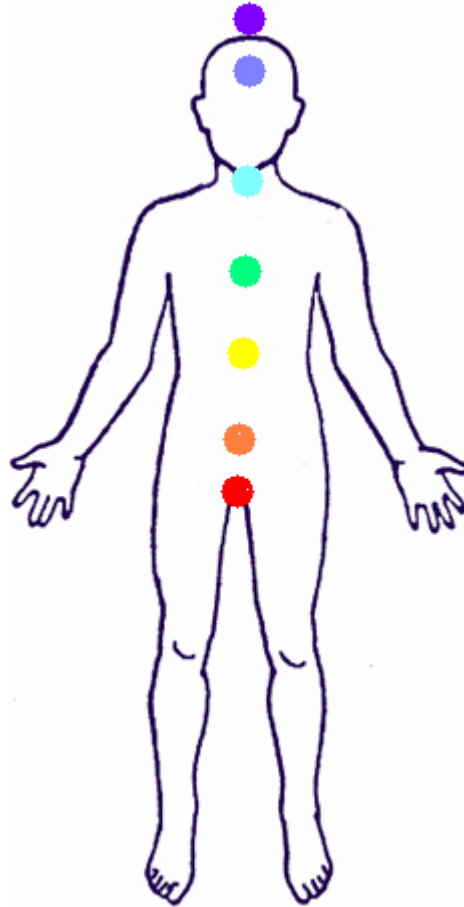


## Testimonials

"I arrived expecting to become more emotionally, physically and energetically balanced; what I experienced was an amazing journey which answered core questions my subconscious had been asking about for years. This resulted in healing not just "balancing" my mind, body and soul." – Bristy

"I feel lighter, clearer, brighter, more relaxed. I could feel my body gently release some of the "stuff" I've been carrying around for years. I feel uplifted and more balanced. Thank You!" – Linda

"Words cannot adequately describe such an exquisite happening! I was totally relaxed & energized at the same time. I experience deep peace which enables me to be a blessing in my world." - Maura



# Sounding Light

Sound Healing  
Sessions



"For body, mind  
and soul."

Phone: 812.323.7660



### *About Janiece Jaffe*

Janiece holds a *BA in Vocal Jazz Performance* from *Indiana University* and has been a practicing *Reiki Master* since 2000. She has completed *Jonathan Goldman's Healing Sounds Intensive*, *Rhiannon's Vocal Improvisation Intensive*, as well as participated in *Circle Singing* training with *Bobby McFerrin*. Janiece is a member of *NESHRI*, *The World Sound Healing Organization* and *The Sound Healers Association*. She has recorded two CDs for stress relief and meditation called, *The Lotus and the Rose* and *Heartones*.

### *What is Sound Healing?*

Sound has been used in traditional healing practices among indigenous cultures throughout time. The premise of this work is that everything in the universe is in a state of vibration and we are constantly changing.



Dis-ease occurs from imbalance of energy. Sound can be used to tune the subtle-energies of the body so that it can heal itself. This sort of work is a holistic approach to balancing all of the systems of the body: physical, emotional, mental, and spiritual.

### **Clients have experienced:**

Pain Relief . Stress Relief .  
Emotional Balance . Mental  
Balance . Relaxation . Clarity .  
Grounding . Integration

### *What to expect in a session...*

Guided by respectful loving intention, each session is uniquely suited to the client's needs. I use a combination of Reiki (a hands-on, light- touch healing modality), toning and instruments.

You might hear voice, Crystal and Tibetan singing bowls, drums, rattles, tuning forks or gongs.

Please wear comfortable clothes.

Sliding scale ( \$40- \$80 )

*For more information or to set up an appointment, call or email Janiece Jaffe at:*

**812.323.7660**

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*For upcoming events or to purchase CDs, please visit my [tribe.net](http://people.tribe.net/janiecejaffe) account at:*

*<http://people.tribe.net/janiecejaffe>*