



Healing Partners

A healing touch program for breast cancer patients

Healing Partners is a community-service program that pairs women diagnosed with breast cancer with Healing Touch volunteers who provide ongoing sessions for three to six months.

Healing Touch is a gentle, non-invasive form of energy work that promotes deep relaxation and is used to manage the side effects of chemotherapy and radiation, such as fatigue, nausea, loss of appetite, pain and lymphedema.

Sessions last about 60 minutes and take place with the client lying fully-clothed on a massage table.



Program Goals

- To promote relaxation and reduce side effects in women undergoing treatment for breast cancer.
- To increase overall energy levels and the ability to cope with challenging life events.
- To serve as an adjunct to conventional cancer treatment.

Healing Touch Clinical Trial for Women with Breast Cancer

Information regarding this trial is available for [download](#).

Healing Partners International

[Learn about](#) Healing Touch benefits, research, practitioners and programs.

Support Healing partners

Please [support](#) the Healing Partners Program at Stanford. All donations are tax-deductible.

Requirements for Participation

- Women diagnosed with breast cancer
- Under the active care of a Physician
- With reliable transportation to weekly sessions
- Commitment to attend sessions regularly for six months

- Willingness to complete health questionnaires and evaluations before, during and after their participation in the program.

Cost

Free. There is no fee for participation in this program

Community Locations/Partners:

- Campbell - [Age Defying Dermatology](#)
- Mountain View - El Camino Hospital Cancer Center
- Mountain View - Heartwood Relaxation Therapy
- Redwood City - [Massage Associates, Hazel J. Horsnell & Associates](#)
- San Carlos - Martha Mejia, MD
- San Mateo - [Massage Associates, Hazel J. Horsnell & Associates](#)
- [Palo Alto - Stanford Center for Integrative Medicine](#)

Registration, please contact:

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This article was found at <http://womenshealth.stanford.edu/about/healingpartners.html>